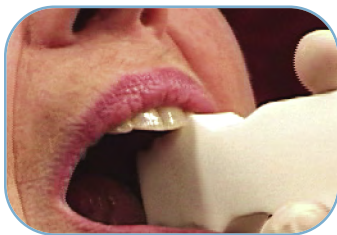


How to Use the Open Wide® Mouth Rest



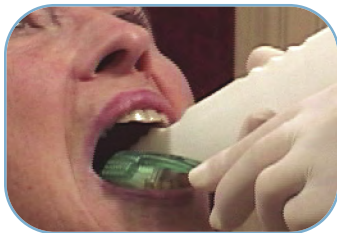
1

Insert the Mouth Rest with the ridges facing left and right.



2

Turn the Mouth Rest up so the BACK teeth are positioned on the ridges.



3

Brush the teeth on the OPPOSITE side of the Mouth Rest. Reverse to brush the other side.



Front teeth should NOT bite down on Mouth Rest

WRONG

Note that ONLY the BACK teeth should rest on the mouth rest, NOT the front teeth.



If the person clenches, so you cannot get the Mouth Rest into the mouth, try dipping the mouth rest into applesauce or jelly before inserting.

